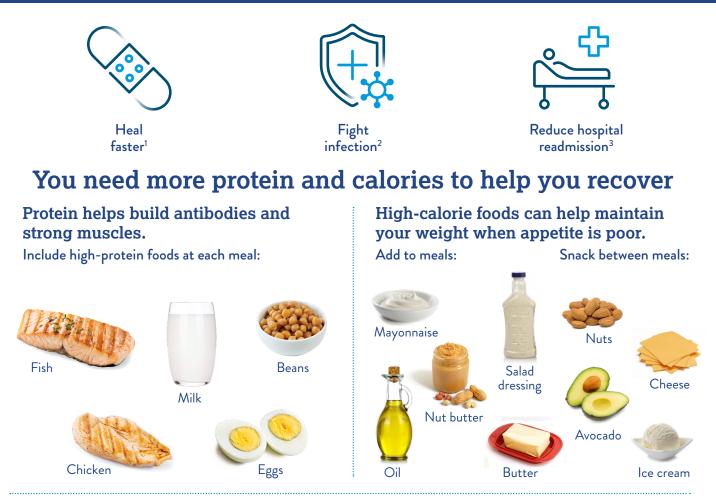
# Good nutrition can make a difference during and following your medical treatment



# When eating is difficult, oral nutritional supplements (ONS) help you get more protein, calories and nutrients, to recover. ONS can be consumed in 3 ways.



### As a complement to your meals:

- As an appetizer to stimulate your appetite
- As a dessert
- Included in your favourite recipes



• As a nutritious snack



### As a medication pass (med pass):

 Small amounts with or without medications<sup>†</sup>



Abbott

#### Your nutrition recommendation serving(s) \_\_\_\_\_\_time(s) per day. Drink This will give you an extra grams of protein and Calories. Feel more strength and energy<sup>‡</sup> For diabetes NEW NAME<sup>§</sup> FASURE ADVANC Ensure 8 20,≣ 9g 218 Ensure® **Ensure**<sup>®</sup> Ensure® Ensure® Ensure® Glucerna® **Plus Calories** Regular High Protein 12 g Advance Compact Complete, Complete, Complete, Complete, Complete, Complete, balanced balanced balanced balanced balanced balanced nutrition<sup>®</sup>. Our nutrition<sup>®</sup> to help nutrition<sup>®</sup> to help nutrition<sup>®</sup> in nutrition<sup>®</sup> with nutrition<sup>®</sup> with half the size.<sup>¶</sup> most innovative gain or maintain a stay active and protein, to help a low glycemic build muscles. index<sup>++</sup>, designed formula with healthy weight. energetic. protein to support for people with strong muscles, diabetes. and HMB. 11 g of protein 9 g of protein 20 g of protein 13 g of protein 9 g of protein 12 g of protein 225 Calories 350 Calories 240 Calories 218 Calories 225 Calories 350 Calories 5.6 g of fibre Flavours<sup>‡‡</sup> Flavours<sup>‡‡</sup> Flavours<sup>‡‡</sup> Flavours<sup>‡‡</sup> Flavours<sup>‡‡</sup> Flavours<sup>‡‡</sup> Vanilla Chocolate Vanilla Vanilla Chocolate Strawberry Butter Pecan Strawberry Strawberry Butter Pecan Strawberry Mixed Berry **TIPS:** $\sqrt{10}$ Drink cold with ice $\sqrt{10}$ Drink through a straw $\sqrt{10}$ Alternate flavours for variety

Notes:

