

**Product Information:  
Similac® Lower Iron**

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[www.abbottnutrition.ca](http://www.abbottnutrition.ca)

# Similac® Lower Iron

Milk-based formula

## Usage

- 1 For term infants 0+ months of age.
- 1 For use as a breast milk substitute in infants who are not exclusively breastfed.
- 1 For infants whose health care professional recommends a lower iron formulation.
- 1 For oral or tube feeding use.

## Features

- 1 Lower iron content (0.66 mg/100 mL) than Similac® Step 1 (1.1 mg/100 mL).
- 1 Non-GMO.\*
- 1 Easy to digest.†
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



## Safety Precautions

- 1 A standard infant formula, containing a higher amount of iron, may need to be recommended for infants at risk of iron deficiency.<sup>1</sup>
- 1 Not for parenteral use.

\* Ingredients not genetically engineered.

† Similar to other infant formulas.

<sup>1</sup> Health Canada, Canadian Paediatric Society, Dietitians of Canada, & Breastfeeding Committee for Canada (2015) Nutrition for healthy term infants: Recommendations from birth to six months. Last modified 2015-08-18 [Accessed online 2024-04-12].

## Ingredients

### Powder Unflavored:

Skim Milk and/or Dry Skim Milk, Lactose, High Oleic Sunflower Oil, Soy Oil, Coconut Oil, Whey Protein Concentrate, Whey Protein Hydrolysate, Soy Lecithin, Taurine, L-Tryptophan, Cytidine 5'-Monophosphate, M-Inositol, Ascorbyl Palmitate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Adenosine 5'-Monophosphate, Tocopherols, L-Carnitine, MINERALS (Potassium Citrate, Calcium Carbonate, Magnesium Chloride, Sodium Chloride, Potassium Chloride, Ferrous Sulphate, Zinc Sulphate, Copper Sulphate, Manganese Sulphate, Potassium Iodide, Sodium Selenate), VITAMINS (Ascorbic Acid, Choline Bitartrate, D-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Folic Acid, Phylloquinone, D-Biotin, Vitamin D3, Cyanocobalamin), and As Needed: Tricalcium Phosphate.

**Allergens:** Contains: Milk, Soy.

## Availability

List Number	Item
0S22513	Similac® Lower Iron, Powder; 850-g cans; 6/case

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Nutrition Information - Powder Unflavored

	100 g (Powder)	100 mL (at standard dilution)
	Value	Value
ENERGY, Cal (kJ)	515 (2146)	68 (283)
Protein, g	10	1.3
Fat, g	27	3.6
Linoleic Acid, g	4.0	0.5
Linolenic Acid, g	0.4	0.05
Carbohydrate, g	58	7.6
Vitamin A, IU	1511	199
Vitamin D, IU	236	31
Vitamin E, IU	19	2.5
Vitamin K, mg	0.046	0.006
Vitamin C, mg	76	10
Thiamine, mg	0.54	0.07
Riboflavin, mg	1.1	0.14
Niacin, mg	4.9	0.65
Pantothenic Acid, mg	2.7	0.36
Vitamin B6, mg	0.31	0.04
Folic Acid, mg	0.052	0.0068
Vitamin B12, mg	0.0013	0.00017
Biotin, mg	0.017	0.0022
Choline, mg	68	9
Inositol, mg	27	3.6
Calcium, mg	360	47
Phosphorus, mg	194	26
Magnesium, mg	35	4.6
Sodium, mg	122	16
Potassium, mg	567	75
Chloride, mg	300	40
Iron, mg	5	0.66
Zinc, mg	3.4	0.4
Copper, mg	0.35	0.046
Manganese, mg	0.09	0.012
Iodine, mg	0.09	0.012
Selenium, mg	0.0072	0.0009
Carnitine, mg	7.5	1.0
Taurine, mg	31	4.1
Tryptophan, mg	162	21
Nucleotides, mg	55	7.2

Product Characteristics

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	Value
Caloric Density (Cal/mL)	0.68
Protein (% of total energy)	8.2
Protein Source	Skim milk, whey protein concentrate, whey protein hydrolysate
Fat (% of total energy)	48.8
MCT oil (% of total fats)	0
Omega-6:Omega-3 Ratio	11.9 :1
Fat Source	High oleic sunflower oil, soy oil, coconut oil
Carbohydrate (% of total energy)	43.0
Carbohydrate Source	Lactose
Total Cal:g Nitrogen Ratio	304.8:1
Nonprotein Cal:g Nitrogen Ratio	279.8:1
Water (g/L)	901
Osmolality (mOsm/kg water)	303
Renal Solute Load (mOsm/L)	97
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

## Preparation

**Directions for Use:**

Your baby's health depends on carefully following these directions. Wash hands thoroughly with soap and water. Proper hygiene, preparation, mixing, and storage are important when using infant formula. Use as directed by your health care professional.

- 1 Place washed bottles, nipples, rings, caps, and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes. In another pot, boil water at a rolling boil for 2 minutes. Cool to room temperature prior to mixing.
- 1 Pour desired amount of boiled, cooled water into bottle.
- 1 Using enclosed scoop, add 1 unpacked level scoop of powder to each 60 mL of water. Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.

## Storage & Handling

**Directions for Use:**

- 1 Once mixed, refrigerate immediately; use within 24 hours.
- 1 Once feeding begins, use within 1 hour or discard.

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