

# Similac® Alimentum® 237-mL Ready to Use

Hypoallergenic, extensively hydrolyzed formula

## Product Information: Similac® Alimentum® 237-mL Ready to Use

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[www.abbottnutrition.ca](http://www.abbottnutrition.ca)

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## Usage

- 1 For term infants 0+ months of age.
- 1 For infants with:
  - Food allergies;<sup>1</sup>
  - Colic symptoms due to protein sensitivity (cow's milk and/or soy protein);<sup>2,3</sup>
  - Sensitivity to intact protein (cow's milk and/or soy protein);<sup>1</sup>
  - Malabsorption syndromes.<sup>1</sup>
- 1 For use as a breast milk substitute in term infants whose health care professional recommends the use of an extensively hydrolyzed formula.
- 1 For oral or tube feeding use.

## Features

- 1 Clinically proven to be hypoallergenic\* in children with milk allergy.<sup>4,5,†</sup>
- 1 Extensively hydrolyzed casein supplemented with free amino acids to minimize the potential for allergic reaction.
- 1 Lactose-free carbohydrate.
- 1 Approximately 33% of fat as medium chain triglycerides, an easily digested and well-absorbed fat source.<sup>6</sup>
- 1 Easy to digest.<sup>‡</sup>
- 1 Gluten-free.

## Safety Precautions

- 1 Never use a microwave oven to warm formula; serious burns can result. Test temperature before feeding to avoid scalding the infant's mouth.
- 1 Not for parenteral use.
- 1 Not for infants with galactosemia.

\* Hypoallergenic does not mean non-allergenic.

† Based on a clinical study with Similac® Alimentum® without DHA and ARA.

‡ Similar to other infant formulas.

<sup>1</sup> Health Canada, Canadian Paediatric Society, Dietitians of Canada, & Breastfeeding Committee for Canada (2015) Nutrition for healthy term infants: Recommendations from birth to six months. Last modified 2015-08-18 [Accessed online 2024-04-12].

<sup>2</sup> Critch JN. Paediatr Child Health. 2011;16(1):47-9. [Reaffirmed 28 February 2018].

<sup>3</sup> Jakobsson I, et al. Acta Paediatrica. 2000;89:18-21.

<sup>4</sup> Sampson HA et al. J Pediatrics 1991;118(4):520-5.

<sup>5</sup> Borschel M, AW Burks Jr. Clinical and Translational Allergy 2014;4(Suppl. 1):95.

<sup>6</sup> Duggan C, et al. Nutrition in Pediatrics: Standard and Specialized Enteral Formulas. BC Decker Inc. Hamilton. 2008.

## Ingredients

### Liquid Unflavored:

Water, Sucrose, Casein Hydrolysate (Milk), Modified Tapioca Starch, Safflower Oil, Modified Coconut and/or Palm Kernel Oils (Medium Chain Triglycerides), Soy Oil, Calcium Citrate, Calcium Phosphate, Carrageenan, Potassium Phosphate, Ascorbic Acid, Magnesium Chloride, Calcium Hydroxide, Sodium Chloride, Potassium Chloride, L-Cystine Dihydrochloride, Potassium Citrate, L-Tyrosine, Choline Chloride, L-Tryptophan, Ferrous Sulphate, Taurine, M-Inositol, DL-Alpha-Tocopheryl Acetate, Zinc Sulphate, L-Carnitine, Niacinamide, Calcium Pantothenate, Vitamin A Palmitate, Cupric Sulphate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Cyanocobalamin.

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## Availability

List Number	Item
5826613	Similac Alimentum®, Ready to Use; 237-mL cans; 6 x 4/case

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## Nutrition Information - Liquid Unflavored

	100 mL	100 Cal
	Value	Value
ENERGY, Cal (kJ)	68 (283)	100 (418)
Protein, g	1.86	2.75
Cystine, mg	28.9	42.8
Carnitine, mg	1.5	2.2
Tyrosine, mg	29.0	42.9
Tryptophan, mg	27.7	41
Taurine, mg	5.2	7.7
Fat, g	3.75	5.55
Linoleic Acid, g	1.28	1.90
Linolenic Acid, g	0.075	0.110
Carbohydrate, g	6.9	10.2
Vitamin A, IU	203	300
Vitamin D, IU	30	45
Vitamin E, IU	2.0	3.0
Vitamin K, mg	0.010	0.015
Vitamin C, mg	6.0	9
Thiamine, mg	0.041	0.060
Riboflavin, mg	0.061	0.090
Niacin, mg	0.913	1.350
Vitamin B6, mg	0.041	0.060
Folic Acid, mg	0.01	0.01
Vitamin B12, mg	0.0003	0.0004
Pantothenic Acid, mg	0.507	0.750
Biotin, mg	0.003	0.005
Choline, mg	8.5	12.6
Inositol, mg	3.4	5.0
Sodium, mg	30	44
Potassium, mg	80	118
Chloride, mg	54	80
Calcium, mg	71	105
Phosphorus, mg	51	75
Magnesium, mg	5.1	7.5
Iron, mg	1.2	1.8
Zinc, mg	0.51	0.75
Iodine, mg	0.01	0.01
Copper, mg	0.051	0.075
Manganese, mg	0.0054	0.0080
Selenium, mg	0.0019	0.0028

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## Product Characteristics

	Value
Caloric Density (Cal/mL)	0.68
Protein (% of total energy)	11
Protein Source	Casein hydrolysate, free amino acids
Fat (% of total energy)	49
MCT oil (% of total fats)	33
Omega-6:Omega-3 Ratio	N/A
Fat Source	Safflower oil, MCT oil, soy oil
Carbohydrate (% of total energy)	40
Carbohydrate Source	Sucrose, modified tapioca starch
Total Cal:g Nitrogen Ratio	N/A
Nonprotein Cal:g Nitrogen Ratio	N/A
Water (g/L)	900
Osmolality (mOsm/kg water)	370
Renal Solute Load (mOsm/L)	123
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

## Preparation

### Directions for Use:

Your baby's health depends on carefully following these directions. Proper hygiene, preparation and storage are important when using infant formula. Failure to follow these directions could result in severe harm. Use as directed by your health care professional.

Similac® Alimentum® is a ready to feed, sterilized formula. If mixed with additional water, it may not provide proper nutrition and repeated use of improperly prepared formula could cause illness.

- 1 Before preparing bottle for feeding, wash hands thoroughly with soap and water. Wash bottles, nipples, rings, caps and all equipment then place in boiling water for 2 minutes. Sterilization is required. Your health care professional will decide when it is no longer necessary.
- 1 Clean top of can. Shake well before opening.
- 1 Pour desired amount into bottle. Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, use within 1 hour or discard.
- 1 Cover prepared bottles and opened cans and refrigerate immediately; use within 48 hours.
- 1 Store unopened cans at room temperature; avoid extreme temperatures.

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