



Product Information: RCF®

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca

Usage

- For use in the dietary management of infants:
 - Who are unable to tolerate the type or amount of carbohydrate in milk or conventional infant formulas;
 - Requiring a ketogenic diet.
- Use under medical supervision.

Features

- The only commercial infant formula available for the dietary management of seizures in infants.
- Formulated to allow the healthcare professional to prescribe the type and amount of carbohydrate (that can be tolerated) with the assurance that other nutrient needs will be met.
- Soy protein isolate to avoid symptoms of cow's-milk-protein allergy or sensitivity.
- 1.8 mg of iron (as ferrous sulfate) per 100 Cal if carbohydrate is added to make a 20 Cal/30 mL (68 Cal/100 mL) feeding.
- L-carnitine (3 mg/100 mL undiluted) and taurine (12 mg/100 mL undiluted).
- Low-residue.
- Lactose-free.
- Gluten-free.
- Kosher.
- Halal.

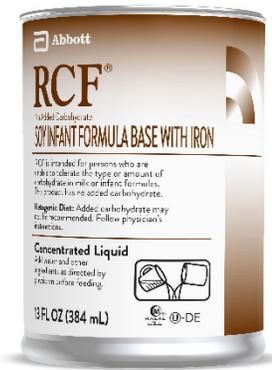
Safety Precautions

- Not for parenteral use.
- Concentrated liquid: Add water and other ingredients before feeding, as directed by a health care professional.
- Warning: Never use a microwave oven to warm formula; serious burns can result.

Ingredients

Water, Soy Protein, High Oleic Safflower Oil, Soy Oil, Coconut Oil, Mono- & Diglycerides, Soy Lecithin, Carrageenan, L-Methionine, Taurine, M-Inositol, L-Carnitine, MINERALS (Tricalcium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Sodium Chloride, Ferrous Sulphate, Zinc Sulphate, Copper Sulphate, Potassium Iodide, Sodium Selenate), VITAMINS (Ascorbic Acid, Choline Chloride, Niacinamide, D-Alpha-Tocopheryl Acetate, Calcium D-Pantothenate, Thiamine Chloride Hydrochloride, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Phylloquinone, D-Biotin, Beta-Carotene, Vitamin D3, Cyanocobalamin). As Needed: Calcium Carbonate, Potassium Hydroxide.

Contains: Soy.



Availability

List Number	Item
00108B12	RCF Concentrated Liquid; 384-mL cans; 12/case

Nutrition Information - Concentrated Liquid Unflavored

	100 mL (Concentrated Liquid)	100 mL (Prepared with Carbohydrate and Water)*
	Value	Value
ENERGY, Cal	81	68
Protein, g	4.0	2.0
Fat, g	7.2	3.6
Linoleic Acid, g	1.4	0.7
Carbohydrate, g	0.1	6.8
Vitamin A, IU	405	203
Vitamin D, IU	81	41
Vitamin E, IU	2	1
Vitamin K, mg	0.015	0.0074
Vitamin C, mg	12	6.1
Thiamine, mg	0.08	0.041
Riboflavin, mg	0.12	0.061
Niacin, mg	1.8	0.91
Vitamin B6, mg	0.08	0.041
Folic Acid, mg	0.02	0.01
Vitamin B12, mg	0.0006	0.00027
Pantothenic Acid, mg	1	0.51
Biotin, mg	0.0061	0.003
Choline, mg	16	8.1
Inositol, mg	6.5	3.4
Sodium, mg	59	30
Potassium, mg	146	73
Chloride, mg	83	42
Calcium, mg	140	71
Phosphorus, mg	100	51
Magnesium, mg	10	5.1
Iron, mg	2.4	1.2
Zinc, mg	1	0.51
Iodine, mg	0.02	0.01
Copper, mg	0.1	0.051
Manganese, mg	0.034	0.017
Selenium, mg	0.0027	0.0014

Product Characteristics

	Value
Caloric Density (Cal/mL)	0.81
Protein (% of total energy)	20

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Product Characteristics

	Value
Protein Source	Soy protein isolate, L-methionine
Fat (% of total energy)	80
MCT oil (% of total fats)	0.0
Omega-6:Omega-3 Ratio	10.3:1
Fat Source	High oleic safflower oil, soy oil, coconut oil
Carbohydrate (% of total energy)	0
Carbohydrate Source	N/A
Total Cal:g Nitrogen Ratio	127:1
Nonprotein Cal:g Nitrogen Ratio	102:1
Water (g/L)	880
Osmolality (mOsm/kg water)	127
Renal Solute Load (mOsm/L)	35
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

*Standard dilution = 54 g of carbohydrate and 355 mL of water, mixed with 384 mL of RCF®; yields ~770 mL.

Preparation

Directions for Preparation and Use:

USE UNDER MEDICAL SUPERVISION

Your baby's health depends on carefully following these directions. Proper hygiene, preparation, mixing and storage are important when using infant formula. Failure to follow these directions could result in severe harm. Ask your healthcare professional if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use. Wash your hands, surfaces and utensils before preparing infant formula.

To make a 20 Cal/30 mL (68 Cal/100 mL) formula:

1. Pour 355 mL of water into a clean pot. Add the type and amount of carbohydrate (see mixing guide below) prescribed by your healthcare professional. Cover and bring to a boil. Allow to cool.
2. Clean the lid of the RCF® can and shake well. Open with clean punch-type opener. Add contents to cooled carbohydrate solution. Mix.
3. Pour into clean feeding bottles or container; cap.

Once feeding begins, use within 1 hour or discard

Mixing Guide:

For 54 g of carbohydrate, add one of the following:

- Table sugar (sucrose) 60 mL (4 level Tbsp)
- Fructose powder 60 mL (4 level Tbsp)
- Dextrose powder (hydrous) 90 mL (6 level Tbsp)

Storage: Cover prepared formula and opened cans and refrigerate immediately; use within 48 hours. Store unopened cans at room temperature; avoid extreme temperatures