

## Product Information: Similac® Step 2

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[www.abbottnutrition.ca](http://www.abbottnutrition.ca)

# Similac® Step 2

Calcium-enriched, milk-based formula

## Usage

- 1 For infants and toddlers 6 to 24 months of age.
- 1 For use as a breast milk substitute in infants who are not exclusively breastfed.
- 1 For use in infants 6 months and older as they transition to solid foods.
- 1 For oral or tube feeding use.

## Features

- 1 Specially formulated to help bridge the nutritional gaps that can be associated with the transition to table foods.
- 1 Calcium enriched (50% more calcium than Similac® Step 1) to support growing bones.
- 1 Non-GMO.\*
- 1 Easy to digest.†
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



## Safety Precautions

- 1 Not for parenteral use.

\* *Ingredients not genetically engineered.*

† *Similar to other infant formulas.*

## Ingredients

### Powder Unflavored:

Skim Milk and/or Dry Skim Milk, Lactose, High Oleic Sunflower Oil, Soy Oil, Coconut Oil, Whey Protein Concentrate, Whey Protein Hydrolysate, Soy Lecithin, Taurine, L-Tryptophan, Cytidine 5'-Monophosphate, M-Inositol, Ascorbyl Palmitate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Adenosine 5'-Monophosphate, Tocopherols, L-Carnitine, MINERALS (Potassium Citrate, Tricalcium Phosphate, Calcium Carbonate, Magnesium Chloride, Potassium Chloride, Sodium Chloride, Ferrous Sulphate, Zinc Sulphate, Copper Sulphate, Manganese Sulphate, Potassium Iodide, Sodium Selenate), VITAMINS (Ascorbic Acid, Choline Bitartrate, D-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Folic Acid, Phylloquinone, D-Biotin, Vitamin D3, and Cyanocobalamin).

**Allergens:** Contains: Milk, Soy.

## Availability

List Number	Item
0S25213	Similac® Step 2, Powder; 850-g cans; 6/case

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Nutrition Information - Powder Unflavored

	100 g (Powder)	100 mL (at standard dilution)
	Value	Value
ENERGY, Cal (kJ)	515 (2146)	68 (283)
Protein, g	10	1.3
Fat, g	27	3.6
Linoleic Acid, g	4.0	0.5
Linolenic Acid, g	0.4	0.05
Carbohydrate, g	58	7.6
Vitamin A, IU	1511	199
Vitamin D, IU	236	31
Vitamin E, IU	19	2.5
Vitamin K, mg	0.046	0.006
Vitamin C, mg	76	10
Thiamine, mg	0.54	0.07
Riboflavin, mg	1.1	0.14
Niacin, mg	4.9	0.65
Pantothenic Acid, mg	2.7	0.36
Vitamin B6, mg	0.31	0.04
Folic Acid, mg	0.052	0.0068
Vitamin B12, mg	0.0013	0.00017
Biotin, mg	0.017	0.0022
Choline, mg	68	9
Inositol, mg	27	3.6
Calcium, mg	546	72
Phosphorus, mg	293	39
Magnesium, mg	35	4.6
Sodium, mg	122	16
Potassium, mg	567	75
Chloride, mg	300	40
Iron, mg	8.1	1.1
Zinc, mg	3.4	0.4
Copper, mg	0.35	0.046
Manganese, mg	0.09	0.012
Iodine, mg	0.09	0.012
Selenium, mg	0.0072	0.0009
Carnitine, mg	7.5	1.0
Taurine, mg	31	4.1
Tryptophan, mg	162	21
Nucleotides, mg	55	7.2

Product Characteristics

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	Value
AT STANDARD DILUTION	
Caloric Density (Cal/mL)	0.68
Protein (% of total energy)	8.2
Protein Source	Skim milk, whey protein concentrate, whey protein hydrolysate
Fat (% of total energy)	48.8
MCT oil (% of total fats)	0.0
Omega-6:Omega-3 Ratio	11.9:1
Fat Source	High oleic sunflower oil, soy oil, coconut oil
Carbohydrate (% of total energy)	43.0
Carbohydrate Source	Lactose
Total Cal:g Nitrogen Ratio	304.8:1
Nonprotein Cal:g Nitrogen Ratio	279.8:1
Water (g/L)	901
Osmolality (mOsm/kg water)	303
Renal Solute Load (mOsm/L)	97
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

Preparation

Directions for Use:

Your baby’s health depends on carefully following these directions. Wash hands thoroughly with soap and water. Proper hygiene, preparation, mixing, and storage are important when using infant formula. Use as directed by your health care professional.

- 1 Place washed bottles, nipples, rings, caps, and all preparation equipment in boiling water and keep at a rolling boil for 2 minutes. In another pot, boil water at a rolling boil for 2 minutes. Cool to room temperature prior to mixing.
- 1 Pour desired amount of boiled, cooled water into bottle.
- 1 Using enclosed scoop, add 1 unpacked level scoop of powder to each 60 mL of water. Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.

Storage & Handling

Directions for Use:

- 1 Once mixed, refrigerate bottles immediately; use within 24 hours.
- 1 Once feeding begins, use within 1 hour or discard.