

Product Information: Glucerna® Nutritional Drink

For more information, contact your Abbott Nutrition sales representative or visit
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Glucerna® Nutritional Drink

Complete, balanced nutrition with a low glycemic index

Usage

- 1 Glucerna Nutritional Drink is a meal replacement with a low glycemic index* and a special blend of slowly digested carbohydrates that may reduce postprandial rises in glucose and insulin.^{1,2,†}
- 1 For patients:
 - with diabetes;
 - with prediabetes;
 - with hyperglycemia;
 - with other conditions requiring glycemic management.
- 1 For oral feeding.

Features

- 1 Low glycemic index,* to be used as part of a balanced diet.
- 1 Special blend of carbohydrates, which may reduce postprandial rises in blood glucose and insulin.^{1,2,†}
- 1 High in protein, with 11.3 g per bottle.
- 1 High in fibre, with 5.6 g per bottle.
- 1 Provides 21 g available (net) carbohydrate.
- 1 Source of Omega-3 polyunsaturated fats.
- 1 Has the balance of protein, carbohydrate and fat that Diabetes Canada recommends for a healthy diet.³
- 1 Provides 26 vitamins and minerals.[‡]
- 1 Conveniently portioned, for use as a light meal or snack.
- 1 4 delicious flavours: Vanilla, Chocolate, Strawberry, and Mixed Berry.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal (excluding Mixed Berry).

* Current formulation differs slightly from the Glucerna® vanilla tested. Other Glucerna® flavours have a similar nutritional profile.

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† Compared to a standard nutritional drink.

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‡ Per 237 mL

¹ Williams JA, et al. Clin Nutr. Suppl Sept 2009;4(S2). LB003.

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² Study BK20, data on file, Abbott Laboratories, Limited.

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³ Sievenpiper JL, et al. Canadian J Diabetes. 2018;42:S64-S79.



Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin Fibre, Milk Protein Concentrate, Glycerine, High Oleic Safflower Oil, Sugars (Fructose), Corn Maltodextrin, Soy Protein, Canola Oil, Sodium Caseinate, Calcium Caseinate, Soya Oil, Short-Chain Fructooligosaccharides (scFOS), Natural and Artificial Flavour, Soy Lecithin, Carrageenan, Potassium Hydroxide, Acesulfame-Potassium (24 mg/serving), Turmeric, Sucralose (10 mg/serving), MINERALS (Potassium Citrate, Magnesium Phosphate Dibasic, Tricalcium Phosphate, Salt, Sodium Citrate, Potassium Phosphate Dibasic, Potassium Chloride, Zinc Sulphate, Ferrous Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Molybdate, Potassium Iodide, Chromium Chloride, Sodium Selenate), VITAMINS (Choline Chloride, Ascorbic Acid, Niacinamide, DL-Alpha-Tocopheryl Acetate, Calcium D-Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Folic Acid, D-Biotin, Vitamin D3, and Cyanocobalamin).

Allergens: Contains: Milk, Soy.

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Availability

List Number	Item
5365513	Glucerna® Nutritional Drink, Vanilla; 237-mL bottles; 4 x 6/case
5365613	Glucerna® Nutritional Drink, Chocolate; 237-mL bottles; 4 x 6/case
5365713	Glucerna® Nutritional Drink, Strawberry; 237-mL bottles; 4 x 6/case
5365813	Glucerna® Nutritional Drink, Mixed Berry; 237-mL bottles; 4 x 6/case
6911713	Glucerna® Nutritional Drink, Vanilla; 237-mL bottles; 24/case
6911813	Glucerna® Nutritional Drink, Chocolate; 237-mL bottles; 24/case

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Nutrition Information - Liquid Vanilla

	237 mL	100 mL
	Value	Value
ENERGY, Cal (kJ)	225 (940)	95 (397)
Protein, g	11.3	4.77
Fat, g	8.8	3.71
Polyunsaturates, g	2.8	1.2
Linoleic Acid, g	2.4	1.0
Linolenic Acid, g	0.4	0.17
Monounsaturates, g	4.6	1.94
Saturates, g	0.8	0.34
Carbohydrate, g	28	11.6
Fibre, g	5.6	2.4
Sugars, g	3.3	1.4
Vitamin A, mcg RE	360	152
Vitamin D, mcg	2	0.84
Vitamin E, mg	2.5	1.1
Vitamin C, mg	14	5.9
Thiamine, mg	0.3	0.13
Riboflavin, mg	0.4	0.17
Niacin, mg NE	7.63	3.22
Vitamin B6, mg	0.43	0.18
Folic Acid, mcg DFE	99	42
Vitamin B12, mcg	0.48	0.20
Pantothenic Acid, mg	1.3	0.55
Biotin, mcg	35	14.8
Choline, mg	70	31
Sodium, mg	250	106
Potassium, mg	380	160
Chloride, mg	270	115
Calcium, mg	275	116
Phosphorus, mg	275	116
Magnesium, mg	60.4	25.5
Iron, mg	3	1.3
Zinc, mg	4.4	1.86
Iodide, mcg	40.4	17
Copper, mg	0.54	0.23
Manganese, mg	1.2	0.52
Selenium, mcg	17	6.9
Chromium, mcg	14	5.9
Molybdenum, mcg	27	11.4

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Product Characteristics

	Value
Caloric Density (Cal/mL)	0.95
Protein (% of total energy)	20.3
Protein Source	Milk protein concentrate, soy protein, sodium caseinate, calcium caseinate
Fat (% of total energy)	35.3
MCT oil (% of total fats)	0
Omega-6:Omega-3 Ratio	5.69:1
Fat Source	High oleic safflower oil, canola oil, soya oil, soy lecithin
Carbohydrate (% of total energy)	44.4
Carbohydrate Source	Corn maltodextrin fibre, glycerine, fructose, scFOS
Total Cal:g Nitrogen Ratio	126:1
Nonprotein Cal:g Nitrogen Ratio	101:1
Water (g/L)	833
Osmolality (mOsm/kg water)	679
Renal Solute Load (mOsm/L)	391
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A
Fibre	Yes

Preparation

Directions for Use:

- 1 Shake well — serve cold.
- 1 Once opened, refrigerate and use within 24 hours.